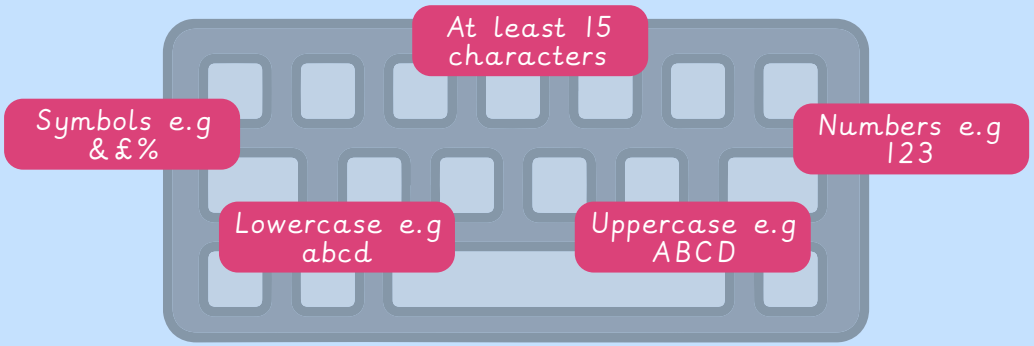
Year 5 - Online safety

App	Shortened word for 'Application'. An application (app) - a type of computer program typically found on smart phones and tablets.
Bullying	The deliberate act of harming, intimidating or threatening someone else to cause them physical or emotional distress. Bullying can occur both online and offline.
Health	The mental and physical condition of a person or living thing.
Judgement	To come to a sensible conclusion about a matter or a person.
Memes	An image (photo, video, text) with some (usually humorous) writing added to it.
Online communication	The way people communicate (share and receive information) with each other over a computer network, such as the internet.
Permission	The action of allowing something to happen.
Wellbeing	The state of your mind, health and happiness.

A strong password contains:



Key facts

Apps require our permission for things such as accessing your location or photo library. It is important to know where these settings are.

Any form of online communication can be misinterpreted. Text may be misread and emojis or memes could be misunderstood.

Technology can have both positive and negative effects on our health and wellbeing.

Tell a trusted adult if you are getting bullied online. You can also get help from these places:

Childline https://www.childline.org.uk/	NSPCC https://www.nspcc.org.uk/